

2022 CIEE ANNUAL CONFERENCE

SEOUL

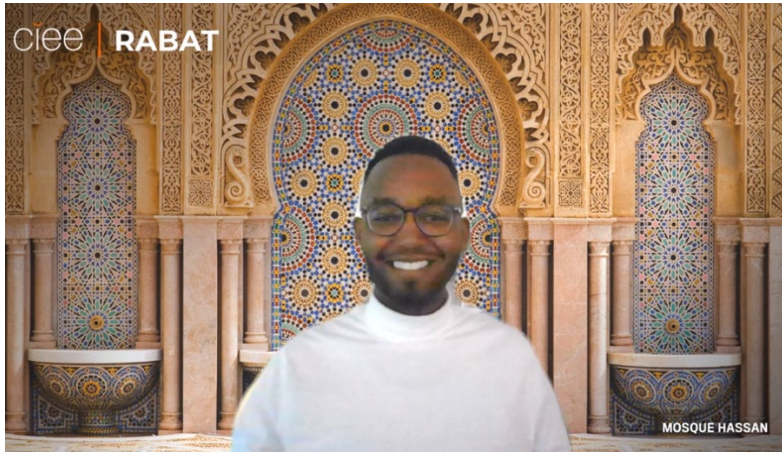
**“Can You See My Screen”: Leveraging
the Best of Remote Work Strategies and
Muting the Rest**

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Pathways to Peace

INTRODUCTIONS



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SESSION AGENDA

- ☺ The benefits and challenges of remote work
- ☺ Best practices in remote work
- ☺ Integrating remote work strategies into your office
- ☺ Self-care in a post-pandemic environment



SESSION EXPECTATIONS

- ☺ This is a conversation. We expect engagement from our audience.
- ☺ We don't have all the answers, but we hope to give you some additional tools to use.

TEMPERATURE CHECK

In one word, describe how you have been feeling about working since the pandemic?



www.menti.com

use code: 1989 9608

What does remote work look like for you?

REMOTE WORK AT CIEE

Institutional Relations Team

- ✓ Fully remote
- ✓ Busy travel schedule
- ✓ Managers based across the US with regional portfolios
- ✓ Virtual meetings with the team (e.g. 1:1's, team meetings, meetings for projects, etc.)
- ✓ Recordings are important
- ✓ In-person retreats once or twice a year
- ✓ In-person and virtual meetings with our partners
- ✓ MS Teams collaboration (e.g. shared documents, forms, emails, chat, etc.)



The Benefits and Challenges of Remote Work

REMOTE WORK BENEFITS



The benefits depend on the person

- ✓ No commute time
- ✓ FLEXIBILITY
 - ✓ When things change (i.e. daily schedule)
 - ✓ Location
 - ✓ When you work
 - ✓ Managing personal and work commitments
 - ✓ Who you can collaborate with
- ✓ More comfort in your environment
- ✓ More privacy
- ✓ Decreased costs
- ✓ Greater personalization of work-life
- ✓ Increased productivity

CHALLENGES OF REMOTE WORK

- ✓ Zoom/meeting fatigue
- ✓ Communication overload or lack of communication
- ✓ Technology
- ✓ Time and task management
 - ✓ Work-life boundaries (a workaholic enabler)
 - ✓ Working with a team
 - ✓ Hybrid collaboration
 - ✓ More asynchronous work
- ✓ Isolation/Mental Health
- ✓ Remote workers must be more proactive, disciplined, and work independently
- ✓ Lack of personal connection (i.e. body language, casual interactions, etc.)

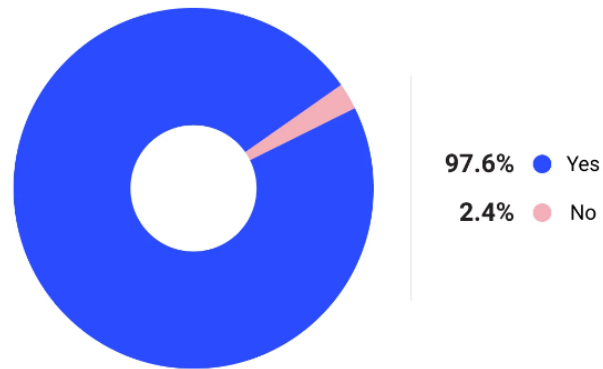


REMOTE WORK IS HERE TO STAY

What is data saying about the future of remote work?

Let's take a look at the 2021 State of Remote Work from Buffer.

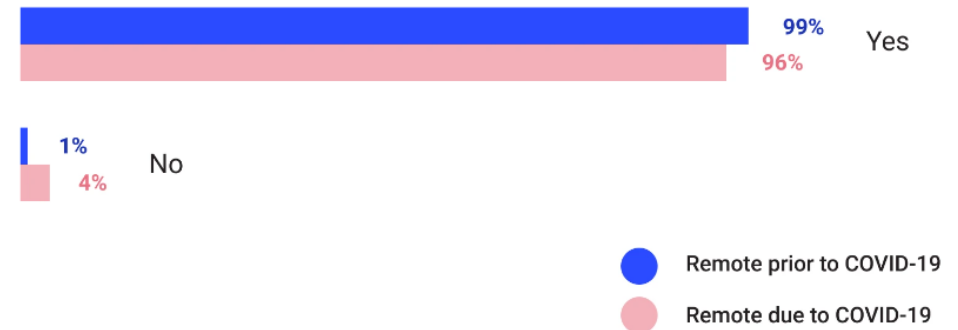
Would you like to work remotely, at least some of the time, for the rest of your career?



2021 State of Remote Work
buffer.com/2021-state-of-remote-work



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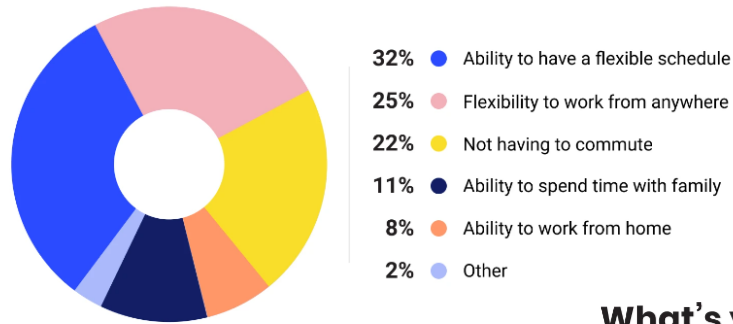


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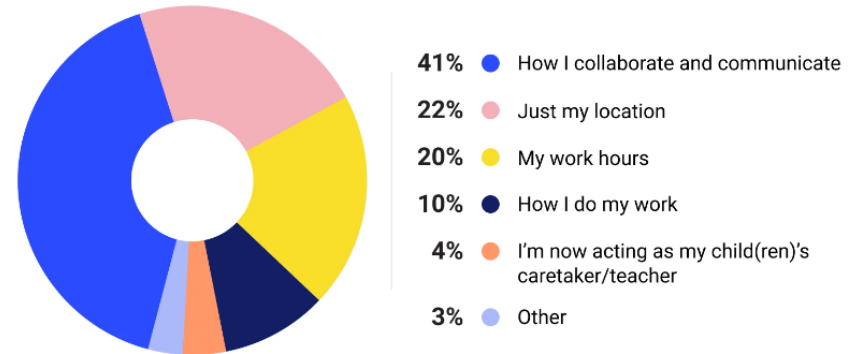
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What's the biggest benefit you see to working remotely?



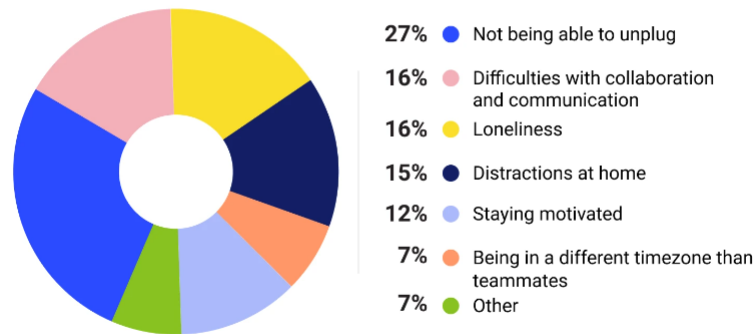
2021 State of Remote Work
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What has changed the most about your work now that you work remotely?



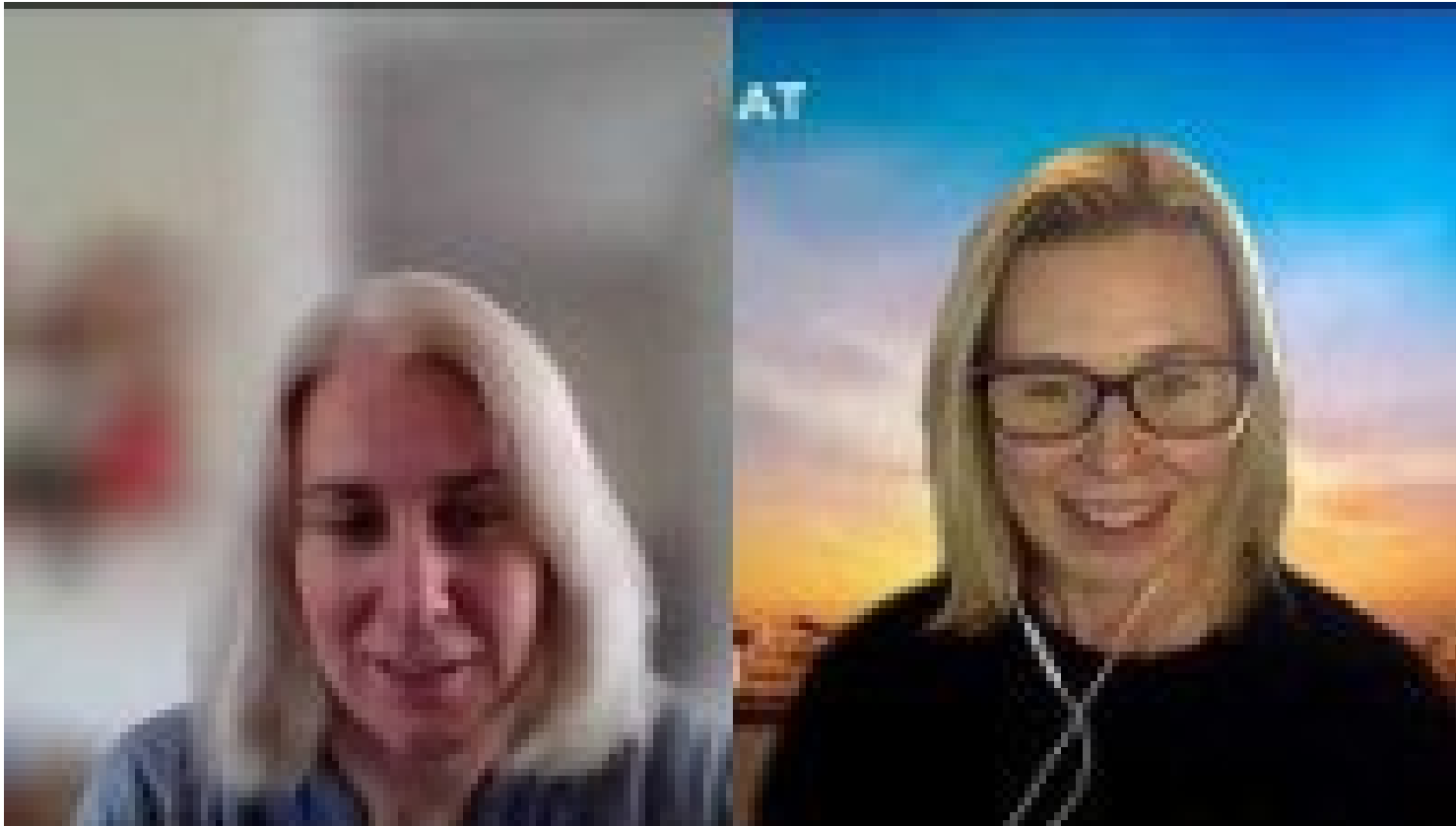
2021 State of Remote Work
buffer.com/2021-state-of-remote-work

What's your biggest struggle with working remotely?



2021 State of Remote Work
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Best Practices of Remote Work

MANAGING A REMOTE TEAM



- Challenges for Online v. Offline Management
 - Lack of face-to-face supervision
 - Lack of team cohesiveness
 - Lack of Communication
 - Lack of Trust
- What to do?
 - Establish norms and clear expectations
 - Get to know your team and learning/working styles
 - Adapt your communication
 - Intentional socialization and collaboration
 - Let go

EXPECTATIONS & BOUNDARIES



- ✓ Online v. Offline
 - ✓ Meetings and Events
 - ✓ Workload
 - ✓ Communication & Team Building
 - ✓ Identify Efficiencies
- ✓ Set Expectations
 - ✓ What work is best done in the office?
 - ✓ What can be done in your home office?
- ✓ Establish & Respect Boundaries

BURNOUT & SELF-CARE

- What is burnout?
 - “How has burnout been impacting our industry?”
 - “Have you experienced burnout?”
- Self-care
 - Go for a walk
 - Grab a coffee
 - Snuggle your pet
 - Throw in a load of laundry
 - Hydrate!
 - Take those vacation days!
 - When you’re off, you’re off!



MINDFULNESS ACTIVITY



Q & A

Digital Handout



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Thank you!

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